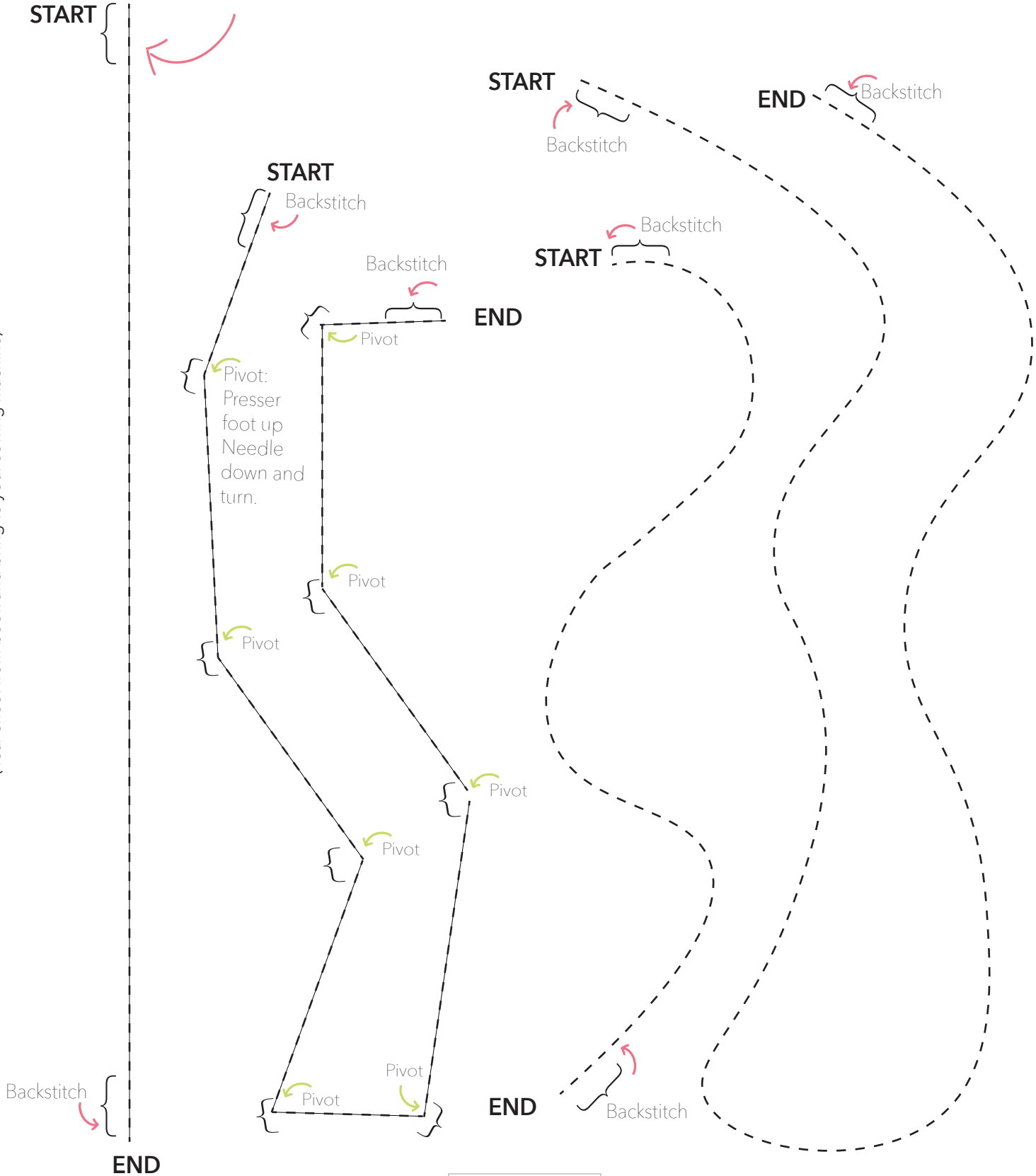
Remember!

Backstitch 3 stitches about 3 -5 stitches into your line. That's about here!

Practice Sheet 1

Sew on this sheet without thread.



(Tear sheet from book and bring to your sewing machine)