$$
\begin{aligned}
& R \bigcirc \bigcirc \bigcirc B O M O S \\
& \text { with } \\
& \text { Jennifer Tryon }
\end{aligned}
$$


homemade.

## Rope bowl Instructions

(it's almost too easy to even need instructions)

## Supplies

ROPE \& THREAD
Note use your machine's largest ZigZag Stitch and a clear open toe presser foot if you have it. Like the Janome F2 foot.


TIP! Have a least 2 full bobbins of white thread ready. You'll need it!

## Instructions

- Bend rope into a tight circle and pin using two pins in a "X" shape.
- Put the pinned curl, under the presser foot, when the presser foot is lowered, remove the pins
- Sew a large zig zag stitch across the rope so it sews the curl together.
- once the middle is secure, start sewing a zig zag stitch so that it straddles the rope being fed into the machine and the circle you've started winding together.
- Keep feeding and winding with your zig zag stitch catching both sides until your circle becomes 7 inches wide.
- at this point make sure your bowl is on the RIGHT side of your needle, as soon it will be too big for the throat space in your machine.
- lift the sewn rope circle up on it's side, keeping the edge under the presser foot while continuing to sew additional rope.
- keep the bowl lifted, this will give the bowl its concave shape.
- keep sewing with the bowl lifted until you've got only 5 inches of rope left.
- Make a loop with end of the rope and sew it to the edge.
- Backstitch so the end is secure.
- That's it!
- To make longer or narrower shapes, start with a longer narrower shape.


